

PSYCHOLOGY | BACHELOR OF ARTS: PSYCHOLOGY (APPLIED MENTAL HEALTH)

This emphasis area focuses on psychology within the fields of clinical psychology, sports psychology, and forensic psychology. Within this area, students will apply psychological concepts, research, and theory to understand and promote mental health and wellness.

Possible careers: Academia; case management; behavioral health specialist; community health worker; clinical psychologist; forensic psychologist; sports psychologist.

The Psychology Department offers flexibility by allowing students to choose either the Bachelor of Arts or the Bachelor of Science route. Although the core coursework is the same for both, there are some slight differences.

Whether you pursue a BA or BS, you'll also need to complete FHSU's General Education requirements (<https://www.fhsu.edu/general-education/general-education/index/>) (34 hours).

Students also have the flexibility to complete the BA or BS degree in Psychology online via FHSU Online (<https://www.fhsu.edu/online/index/>). GetEducated.com (<http://GetEducated.com>) recently named the online undergraduate degree a "Best Buy."

Program Summary

Code	Title	Hours
General Education		34
Bachelor of Arts Language Requirement		10
Psychology Major Requirements		38
Open Electives ¹		38
Total Hours		120

¹ Open electives are the credit hours required to reach a minimum of 120 total hours and 45 upper division hours. The number listed assumes all courses are completed at FHSU as listed. This number may vary if students transfer courses, or have individual substitutions allowed.

Students should speak with their advisor if either situation applies to determine if the number will vary, and to ensure they enroll in a minimum of 45 upper division hours.

Students entering within 1 year of high school graduation will take UNIV 101 Freshman Seminar and may apply that hour in the open elective category.

Program Requirements

General Education

All undergraduate degrees require completion of the Kansas Systemwide General Education (<https://catalog.fhsu.edu/general-education/>).

Courses identified with ^{GE} on this page may satisfy a general education requirement in addition to the identified degree requirement. Students who apply a degree requirement to satisfy a general education requirement will typically add an equal number of hours to the university elective category. This flexibility may allow you to complete a minor or certificate within the 120 hour degree. Transfer students are especially

encouraged to select these courses in completing General Education requirements to maximize the likelihood of completing the degree with 120 credit hours.

Code	Title	Hours
General Education		34-35

Effective in Fall 2025 the math pathway course (<https://catalog.fhsu.edu/general-education/gateway-courses/>) identified below is required for this degree.

The General Education Math Pathways course identified for this major is **MATH 250 Elements of Statistics**. All students pursuing this degree program will be required to complete this course or the corequisite support course. Students who place into a higher level math course may be able to satisfy this requirement; consult with your Academic Advisor for additional information.

Placement measures for **MATH 250 Elements of Statistics** include:

- Math ACT: 19 or higher OR
- Math SAT: 510 or higher OR
- ALEKS PPL: 30 or higher OR
- Accuplacer QAS: 255 or higher OR
- HS GPA and Course Grade: 3.00 cumulative GPA (unweighted) and C- or higher in Second Semester Algebra 2 or Integrated Math 3 OR
- Institutional Measure

Students who do not meet any of the placement measures listed above will need to register for the corequisite support course: **MATH 245 Elements of Statistics with Review**. Credit for the corequisite support course will satisfy any requirement for the pathway course listed above.

BA Language Requirement

All FHSU students pursuing a BA degree are required to take two consecutive non-English language classes. These classes total 10 hours at FHSU. Courses accepted in transfer must be a minimum of 8 credit hours **and** determined to be equivalent to the FHSU sequence or additional credit hours must be taken. Students taking beginning Spanish or French classes may be able to apply the first class to the Arts and Humanities area of the general education requirement.

Code	Title	Hours
Bachelor of Arts Language Requirement		10

Code	Title	Hours
Psychology Major Requirements		

PSY 100	General Psychology	3
PSY 101	Psychology As a Discipline and Profession	3

PSY 201	The Science of Psychology	3
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PSY 480	Applied Statistics in the Behavioral Sciences	4
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PSY 498	Experimental Psychology Laboratory	4
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PSY 668	Neuropsychology	3
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Breadth: Choose 1 course from each area

Social Cognitive Content Area

PSY 340	Social Psychology	3
or PSY 334	Introduction to Cognitive Psychology	
or PSY 425	Personality	

Developmental Content Area

PSY 400	Child and Developmental Psychology	3
or PSY 415	Adolescence	
or PSY 420	Psychology of Aging	

Applied Mental Health Content Area

PSY 310	Introduction to Therapeutic Skills	3
or PSY 300	Abnormal Psychology	
or PSY 355	Drugs and Behavior	

Psychology Emphasis: Applied Mental Health

May not count the class used for the breadth requirement

Select 9 credits of the following: 9

PSY 300	Abnormal Psychology
PSY 310	Introduction to Therapeutic Skills
PSY 350	Current Issues in Psychology
PSY 355	Drugs and Behavior
PSY 357	Forensic Psychology
PSY 369	Criminal Psychology
PSY 375	Case Management in a Mental Health Setting
PSY 376	Apprenticeship in Psychology I (Approved Topic - 3 hours max)
PSY 430	Sport Psychology
PSY 460	Behavioral Addictions
PSY 462	Eating Disorders
PSY 476	Apprenticeship in Psychology II
PSY 685	Behavior Therapy ³

Total Hours 38

¹ With a grade greater than or equal to D (FHSU Grading Scheme).

² With a grade greater than or equal to D.

³ With a grade greater than or equal to D (Data Conversion Grading Scheme).

⁴ If taken fall 2025 the class will be 1 credit hour, with 2 additional open electives needed to reach 120 hours.

Degree Requirements

Code	Title	Hours
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Bachelor of Arts Degree Language Requirement

Two consecutive semesters of a non-English Language

All bachelor degrees require:

GPA of 2.0 on FHSU courses & 2.0 on all coursework (Higher program requirements prevail over the 2.0 when set)

A minimum of 30 hours earned from FHSU with a grade of D, C, B, or A

Successful completion of an upper division Writing and Information Literacy course (Most majors contain a course designated)

A minimum of 45 hours of recognized upper division credit

A minimum of 120 hours of recognized college credit