

PSYCHOLOGY | BACHELOR OF ARTS: PSYCHOLOGY (APPLIED MENTAL HEALTH)

This emphasis area focuses on psychology within the fields of clinical psychology, sports psychology, and forensic psychology. Within this area, students will apply psychological concepts, research, and theory to understand and promote mental health and wellness.

Possible careers: Academia; case management; behavioral health specialist; community health worker; clinical psychologist; forensic psychologist; sports psychologist.

The Psychology Department offers flexibility by allowing students to choose either the Bachelor of Arts or the Bachelor of Science route. Although the core coursework is the same for both, there are some slight differences.

Whether you pursue a BA or BS, you'll also need to complete FHSU's General Education requirements (<https://www.fhsu.edu/general-education/general-education/index/>) (34 hours).

Students also have the flexibility to complete the BA or BS degree in Psychology online via FHSU Online (<https://www.fhsu.edu/online/index/>). GetEducated.com (<http://GetEducated.com>) recently named the online undergraduate degree a "Best Buy."

Program Summary

Code	Title	Hours
	General Education	34
	Bachelor of Arts Language Requirement	10
	Psychology Major Requirements	38
	Open Electives ¹	38
	Total Hours	120

¹ Open electives are the credit hours required to reach a minimum of 120 total hours and 45 upper division hours. The number listed assumes all courses are completed at FHSU as listed. This number may vary if students transfer courses, or have individual substitutions allowed.

Students should speak with their advisor if either situation applies to determine if the number will vary, and to ensure they enroll in a minimum of 45 upper division hours.

Students entering within 1 year of high school graduation will take UNIV 101 Freshman Seminar and may apply that hour in the open elective category.

Program Requirements

General Education

All undergraduate degrees require completion of the Kansas Systemwide General Education (<https://catalog.fhsu.edu/general-education/>).

Courses identified with ^{GE} on this page may satisfy a general education requirement in addition to the identified degree requirement. Students who apply a degree requirement to satisfy a general education requirement will typically add an equal number of hours to the university elective category. This flexibility may allow you to complete a minor or certificate within the 120 hour degree. Transfer students are especially

encouraged to select these courses in completing General Education requirements to maximize the likelihood of completing the degree with 120 credit hours.

Code	Title	Hours
	General Education	34-35

Effective in Fall 2025 the math pathway course (<https://catalog.fhsu.edu/general-education/gateway-courses/>) identified below is required for this degree.

The General Education Math Pathways course identified for this major is **MATH 250 Elements of Statistics**. All students pursuing this degree program will be required to complete this course or the corequisite support course. Students who place into a higher level math course may be able to satisfy this requirement; consult with your Academic Advisor for additional information.

Placement measures for **MATH 250 Elements of Statistics** include:

- Math ACT: 19 or higher OR
- Math SAT: 510 or higher OR
- ALEKS PPL: 30 or higher OR
- Accuplacer QAS: 255 or higher OR
- HS GPA and Course Grade: 3.00 cumulative GPA (unweighted) and C- or higher in Second Semester Algebra 2 or Integrated Math 3 OR
- Institutional Measure

Students who do not meet any of the placement measures listed above will need to register for the corequisite support course: **MATH 245 Elements of Statistics with Review**. Credit for the corequisite support course will satisfy any requirement for the pathway course listed above.

BA Language Requirement

All FHSU students pursuing a BA degree are required to take two consecutive non-English language classes. These classes total 10 hours at FHSU. Courses accepted in transfer must be a minimum of 8 credit hours **and** determined to be equivalent to the FHSU sequence or additional credit hours must be taken. Students taking beginning Spanish or French classes may be able to apply the first class to the Arts and Humanities area of the general education requirement.

Code	Title	Hours
	Bachelor of Arts Language Requirement	10

Code	Title	Hours
	Psychology Major Requirements	

PSY 100	General Psychology	3
PSY 101	Psychology As a Discipline and Profession	3

PSY 201	The Science of Psychology	3
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PSY 480	Applied Statistics in the Behavioral Sciences	4
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PSY 498	Experimental Psychology Laboratory	4
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PSY 668	Neuropsychology	3
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Breadth: Choose 1 course from each area

Social Cognitive Content Area

PSY 340	Social Psychology	3
or PSY 334	Introduction to Cognitive Psychology	
or PSY 425	Personality	

Developmental Content Area

PSY 400	Child and Developmental Psychology	3
or PSY 415	Adolescence	
or PSY 420	Psychology of Aging	

Applied Mental Health Content Area

PSY 310	Introduction to Therapeutic Skills	3
or PSY 300	Abnormal Psychology	
or PSY 355	Drugs and Behavior	

Psychology Emphasis: Applied Mental Health

May not count the class used for the breadth requirement

Select 9 credits of the following: **9**

PSY 300	Abnormal Psychology	
PSY 310	Introduction to Therapeutic Skills	
PSY 350	Current Issues in Psychology	
PSY 355	Drugs and Behavior	
PSY 357	Forensic Psychology	
PSY 369	Criminal Psychology	
PSY 375	Case Management in a Mental Health Setting	
PSY 376	Apprenticeship in Psychology I (Approved Topic - 3 hours max)	
PSY 430	Sport Psychology	
PSY 460	Behavioral Addictions	
PSY 462	Eating Disorders	
PSY 476	Apprenticeship in Psychology II	
PSY 685	Behavior Therapy ³	

Total Hours 38

- ¹ With a grade greater than or equal to D (FHSU Grading Scheme).
- ² With a grade greater than or equal to D.
- ³ With a grade greater than or equal to D (Data Conversion Grading Scheme).
- ⁴ If taken fall 2025 the class will be 1 credit hour, with 2 additional open electives needed to reach 120 hours.

Degree Requirements

Code	Title	Hours
Bachelor of Arts Degree Language Requirement		
Two consecutive semesters of a non-English Language		
All bachelor degrees require:		
GPA of 2.0 on FHSU courses & 2.0 on all coursework (Higher program requirements prevail over the 2.0 when set)		
A minimum of 30 hours earned from FHSU with a grade of D, C, B, or A		
Successful completion of an upper division Writing and Information Literacy course (Most majors contain a course designated)		
A minimum of 45 hours of recognized upper division credit		
A minimum of 120 hours of recognized college credit		

Degree Map

Course	Title	Hours
First Year		
Fall		
PSY 100	General Psychology (suggest Gen Ed)	3
MATH 250	Elements of Statistics (SGE030 - Math and Statistics Discipline Area)	3
ENG 101	English Composition I (SGE010 - English Discipline Area)	3
COMM 100	Fundamentals of Oral Communication (SGE020 - Communication Discipline Area)	3
UNIV 101	Freshman Seminar	1
Open Electives		3
Hours		16
Spring		
PSY 101	Psychology As a Discipline and Profession	1
ENG 102	English Composition II (SGE010 - English Discipline Area)	3
SGE070 - Institutionally Designated Area: Personal and Professional Development		3
PSY 340	Social Psychology	3
SGE070 - Institutionally Designated Area: Critical Thinking		3
Open Electives		3
Hours		16
Second Year		
Fall		
PSY 201	The Science of Psychology	3
PSY 300	Abnormal Psychology	3
SGE060 - Arts and Humanities Discipline Area		3
SGE050 - Social and Behavioral Sciences Discipline Area		3
SGE040 - Natural and Physical Science Discipline Area		4
Hours		16
Spring		
PSY 400	Child and Developmental Psychology	3
PSY 310	Introduction to Therapeutic Skills	3
SGE060 - Arts and Humanities Discipline Area		3
SGE050 - Social and Behavioral Sciences Discipline Area		3
Open Electives		3
Hours		15
Third Year		
Fall		
PSY 355	Drugs and Behavior	3
Bachelor of Arts Language Requirement		5
Open Electives		3
Open Electives		3
Hours		14
Spring		
PSY 480	Applied Statistics in the Behavioral Sciences	4
Bachelor of Arts Language Requirement		5
Open Electives		3
Open Electives		3
Hours		15
Fourth Year		
Fall		
PSY 498	Experimental Psychology Laboratory	4
PSY 357	Forensic Psychology	3
Open Electives		3
Open Electives		3
Open Electives		3
Hours		16
Spring		
PSY 668	Neuropsychology	3

Open Electives	3
Open Electives	3
Open Electives	3
Hours	12
Total Hours	120

Academic Degree Maps are term-by-term sample course plans that specify milestones, courses, and special requirements that are necessary for facilitating on-time completion. Degree Maps are *examples* and are not prescriptive. Individualized choices such as concentration options, transfer credits, optional minors, advisory programs (certificates), etc. can alter the recommended coursework. Course offerings are subject to change. Students should consult with their academic advisors for additional guidance on course planning.

To determine courses to take in the directed choices (often listed as Program Elective Course) and directed elective course blocks see the overview tab for courses. Open electives indicate the student is free to choose courses from any subject, but students should discuss with their advisor how many of these hours must be upper division. To locate approved courses in General Education areas (Undergraduate Programs) see the general education section (<https://catalog.fhsu.edu/general-education/>) of the catalog.

The undergraduate course maps typically advise the most efficient route for students to complete the general education requirements. Courses that are required in the major may be listed as fulfilling relevant general education requirements. This will result in more open elective course hours in some maps than is listed on the degree overview page.