

# MASSAGE THERAPY | ASSOCIATE OF GENERAL STUDIES (MASSAGE THERAPY PROGRAM EMPHASIS)

The Associate degree in General Studies (AGS) with an emphasis in Massage Therapy is a two-year program. By completing this program, students will be able to set and meet short-term education goals and can easily move on to achieving a four-year degree of their choice. Students gain critical-thinking, problem-solving, math and communication skills that are necessary in a Massage Therapy or related career.

When you graduate with an AGS degree you'll be well prepared to pursue a four-year degree or enter the work force. Associate degree holders typically earn more than those without any degree, plus having an associate degree on your resume shows future employers you've set goals and accomplished them.

Students who earn the AGS degree with an emphasis in Massage Therapy receive the value-added bonus of concurrently earning the Massage Therapy Certificate.

## General Education Program Requirements

Code	Title	Hours
<b>Foundation Studies</b>		
COMM 100	Fundamentals of Oral Communication	3
INF 101	Introduction to Computer Information Systems	3
ENG 101	English Composition I	3
ENG 102	English Composition II	3
MATH 101 or MATH 110	Contemporary Mathematics College Algebra	3
<b>Liberal Arts</b>		
International Studies. Select one of the following:		3
ENG 125	World Literature and the Human Experience	
GSCI 110	World Geography	
HIST 111	Modern World Civilization	
Distribution. Select 18 credits of Distribution courses <sup>1</sup>		18
<b>Humanities</b>		
Select 6 credits of the following (no more than one course in each area):		6
Art		
ART 180	Fundamentals and Appreciation of Art	
ART 201	Survey of Art History I	
ART 280	Approaches to Creativity	
Communication Studies		
COMM 125	Introduction to Motion Pictures	
COMM 318	Introduction to Organizational Communication	
English		
ENG 125	World Literature and the Human Experience	
ENG 126	Introduction to Literature	
ENG 327	Literature Matters	

Modern Languages	
Beginning 1 or 2 course(s) in any language <sup>2</sup>	
MLNG 112	Great Works in Translation
Multiculturalism	
SOC 376	Diversity in the United States
Music	
MUS 161	Listening to Music
MUS 391	Jazz
THTR 120	Introduction to Theatre
Philosophy	
PHIL 100	Critical Thinking
PHIL 120	Introduction to Philosophy
PHIL 340	Ethics

### Mathematics and Natural Sciences

Select 6 credits of the following (no more than one course in each area): 6

Biological Sciences	
BIOL 100	Human Biology <sup>3</sup>
BIOL 102	Laboratory Experiences in Biology
BIOL 200	Humans and the Environment <sup>3</sup>
BIOL 300	Human Heredity <sup>3</sup>
Chemistry	
CHEM 100	The Chemist's View of the World
CHEM 105	Introduction to the Chemistry Laboratory
CHEM 112 & 112L	General Chemistry I and General Chemistry Laboratory I <sup>4</sup>
CHEM 114 & 114L	General Chemistry II and General Chemistry Laboratory II <sup>4</sup>
Geosciences	
GSCI 100	Exploring Earth <sup>3</sup>
GSCI 101	Earth and Environmental Systems
GSCI 102	Exploring Earth Laboratory
GSCI 340	Humans, Rocks, and the Environment <sup>3</sup>
Mathematics and Computer Science	
MATH 234	Analytic Geometry and Calculus I
MATH 250	Elements of Statistics
MATH 331	Calculus Methods
Physics	
PHYS 102	Physical Science
PHYS 103	Physical Science Laboratory
PHYS 208	Elementary Meteorology <sup>3</sup>
PHYS 309	Descriptive Astronomy <sup>3</sup>

### Social and Behavioral Sciences

Select 6 credits of the following (no more than one course in each area): 6

Economics	
ECON 201	Principles of Microeconomics
ECON 202	Principles of Macroeconomics
FIN 205	Principles of Personal Finance
History	
HIST 110	World Civilization to 1500
HIST 130	United States History to 1877
HIST 131	United States History Since 1877

Multiculturalism	
IDS 350/SOC 376	Diversity in the United States
Political Science	
POLS 101	American Government
POLS 230	Introduction to International Relations
POLS 105	Current Political Issues
Psychology	
PSY 100	General Psychology
PSY 300	Abnormal Psychology
PSY 340	Social Psychology
Sociology	
SOC 140	Understanding Society: Introductory Sociology
SOC 355	Sociology of Death and Dying
SOC 388	Sociology of the Family in America
<b>Free Electives</b>	
Select 12 credits of free electives	12
<b>Total Hours</b>	<b>66</b>

<sup>1</sup> Course areas used to complete requirements under International Studies allow a student to take only 1 additional course in that area under distribution for General Education credit.

<sup>2</sup> May not be used as General Education for students earning the B.A. degree.

<sup>3</sup> Course can be completed with optional 1 hr lab.

<sup>4</sup> Course fulfills 1 hr lab requirement.

## Certificate Requirements

Course	Title	Hours
<b>First Semester</b>		
MTP 100	Basic Massage Techniques (On-Campus)	2
MTP 102	MT Fiscal Mgt/Ethical Practices (VA: Virtual)	2
MTP 104	Structural Anatomy for Massage Therapy (VA: Virtual)	2
MTP 106	MT Body Structure/ Function I (VA: Virtual)	2
MTP 108	Massage Lab I (On-Campus)	4
MTP 110	Massage Clinic I (On-Campus)	2
<b>Hours</b>		<b>14</b>
<b>Second Semester</b>		
MTP 120	Advanced Massage Techniques (On-campus)	2
MTP 122	Pathophysiology for Massage Therapy (VA: Virtual)	3
MTP 124	Functional Kinesiology for Massage Therapy (VA: Virtual)	2
MTP 126	MT Structure/Function II (VA: Virtual)	2
MTP 128	Massage Lab II (On-campus)	4
MTP 130	Massage Clinic II (On-campus)	2
MTP 150	Externship for Massage Therapy (On-site)	3
<b>Hours</b>		<b>18</b>
<b>Total Hours</b>		<b>32</b>

## Degree Requirements

All associate degrees require:

GPA of 2.0 on FHSU courses & 2.0 on all coursework (Higher program requirements prevail over the 2.0 when set)

A minimum of 15 hours earned from FHSU with a grade of D, C, B, or A