

HHP | BACHELOR OF SCIENCE IN HEALTH STUDIES (HEALTH PROMOTION)

The Bachelor of Science in Health Studies degree program is an online, post-professional degree completion program for individuals who possess professional credentials in a clinically-based allied health discipline from a community college or technical program. The course of study is designed to provide career and academic advancement for current practitioners who wish to assume increasing responsibility in their current positions or in a related area of health care.

Program Summary

The Health Studies program may allow transfer of coursework from an allied health credential toward the open electives. Up to 45 hours not normally accepted for transfer credit at FHSU may be accepted toward this program. Students should speak with an advisor to determine if health related credits typically not accepted at FHSU maybe applicable to this program.

Code	Title	Hours
General Education		34
Program (Major) Core		26
Concentration Core		12
Open Electives ¹		48
Total Hours		120

¹ Open electives are the credit hours required to reach a minimum of 120 total hours and 45 upper division hours. The number listed assumes all courses are completed at FHSU as listed. This number may vary if students transfer courses, or have individual substitutions allowed.

Students should speak with their advisor if either situation applies to determine if the number will vary, and to ensure they enroll in a minimum of 45 upper division hours.

Students entering within 1 year of high school graduation will take UNIV 101 Freshman Seminar and may apply that hour in the open elective category.

Program Requirements

General Education

All undergraduate degrees require completion of the Kansas Systemwide General Education (<https://catalog.fhsu.edu/general-education/>).

Courses identified with ^{GE} on this page may satisfy a general education requirement in addition to the identified degree requirement. Students who apply a degree requirement to satisfy a general education requirement will typically add an equal number of hours to the university elective category. This flexibility may allow you to complete a minor or certificate within the 120 hour degree. Transfer students are especially encouraged to select these courses in completing General Education requirements to maximize the likelihood of completing the degree with 120 credit hours.

Code	Title	Hours
General Education		34-35

Effective in Fall 2025 the math pathway course (<https://catalog.fhsu.edu/general-education/gateway-courses/>) identified below is required for this degree.

The General Education Math Pathways course identified for this major is **MATH 101 Contemporary Mathematics**. All students pursuing this degree program will be required to complete this course or the corequisite support course. Students who place into a higher level math course may be able to satisfy this requirement; consult with your Academic Advisor for additional information.

Placement measures for **MATH 101 Contemporary Mathematics** include:

- Math ACT: 19 or higher OR
- Math SAT: 510 or higher OR
- ALEKS PPL: 30 or higher OR
- Accuplacer QAS: 255 or higher OR
- HS GPA and Course Grade: 3.00 cumulative GPA (unweighted) and C- or higher in Second Semester Algebra 2 or Integrated Math 3 OR
- Institutional Measure

Students who do not meet any of the placement measures listed above will need to register for the corequisite support course: **MATH 100 Contemporary Mathematics with Review**

Code	Title	Hours
Health Studies Core		
HHP 220	Responding to Emergencies	3
HHP 230	Principles of Nutrition	3
BIOL 245	Medical Terminology	2
HHP 310	A Critical Thinking Approach: Consumer Health	3
HHP 610	Global Health	3
HHP 618	Environmental Health	3
HHP 620	Epidemiology in Public Health	3
HHP 625	Legal Issues in Health Care	3
HHP 473	Undergraduate Culminating Experience	3
Total Hours		26

Concentrations

Code	Title	Hours
Health Promotion		
Select at least 12 hours of the following:		
HHP 314	Issues in Health Education	
HHP 320	Communicable and Emergent Diseases	
HHP 312	Fitness Leadership	
HHP 332	Life-Span Nutrition	
HHP 400	Safety Education	
HHP 602	Public Health	
HHP 619	Exercise Testing and Prescription for Older Adults	
Total Hours		12

Credit for professional credential/certification/licensure: 0-30 Credit Hours applied toward the Open Electives if needed. Credits must be noted on an official transcript sent to the FHSU Registrar's Office.

Degree Requirements

Code	Title	Hours
All bachelor degrees require:		
GPA of 2.0 on FHSU courses & 2.0 on all coursework (Higher program requirements prevail over the 2.0 when set)		
A minimum of 30 hours earned from FHSU with a grade of D, C, B, or A		
Successful completion of an upper division Writing and Information Literacy course (Most majors contain a course designated)		
A minimum of 45 hours of recognized upper division credit		
A minimum of 120 hours of recognized college credit		

Degree Maps

Course	Title	Hours
First Year		
Fall		
MATH 101	Contemporary Mathematics (SGE030 - Math and Statistics Discipline Area)	3
ENG 101	English Composition I (SGE010 - English Discipline Area)	3
COMM 100	Fundamentals of Oral Communication (SGE020 - Communication Discipline Area)	3
UNIV 101	Freshman Seminar	1
BIOL 245	Medical Terminology	2
Hours		12
Spring		
HHP 200	Personal Wellness	3
SGE040 - Natural and Physical Science Discipline Area		4
ENG 102	English Composition II (SGE010 - English Discipline Area)	3
HHP 220	Responding to Emergencies	3
Directed Electives		3
Hours		16
Second Year		
Fall		
SGE060 - Arts and Humanities Discipline Area		3
SGE050 - Social and Behavioral Sciences Discipline Area		3
HHP 310	A Critical Thinking Approach: Consumer Health (SGE070 - Institutionally Designated Area: Critical Thinking)	3
HHP 230	Principles of Nutrition	3
Directed Electives		3
Hours		15
Spring		
SGE060 - Arts and Humanities Discipline Area		3
SGE050 - Social and Behavioral Sciences Discipline Area		3
SGE070 - Institutionally Designated Area: Personal and Professional Development		3
Directed Electives		3
Directed Electives		3
Hours		15
Third Year		
Fall		
HHP 610	Global Health	3
HHP 620	Epidemiology in Public Health	3
Concentration Course		3
Directed Electives		3
Directed Electives		3

Directed Electives		2
Hours		17
Spring		
HHP 618	Environmental Health	3
Concentration Course		3
Directed Electives		3
Directed Electives		3
Directed Electives		3
Hours		15
Fourth Year		
Fall		
HHP 450	Program Organization and Administration	3
HHP 625	Legal Issues in Health Care	3
Concentration Course		3
Directed Electives		3
Directed Electives		3
Hours		15
Spring		
HHP 473	Undergraduate Culminating Experience	3
Concentration Course		3
Directed Electives		3
Directed Electives		3
Directed Electives		3
Hours		15
Total Hours		120

Academic Degree Maps are term-by-term sample course plans that specify milestones, courses, and special requirements that are necessary for facilitating on-time completion. Degree Maps are *examples* and are not prescriptive. Individualized choices such as concentration options, transfer credits, optional minors, advisory programs (certificates), etc. can alter the recommended coursework. Course offerings are subject to change. Students should consult with their academic advisors for additional guidance on course planning.

To determine courses to take in the directed choices (often listed as Program Elective Course) and directed elective course blocks see the overview tab for courses. Open electives indicate the student is free to choose courses from any subject, but students should discuss with their advisor how many of these hours must be upper division. To locate approved courses in General Education areas (Undergraduate Programs) see the general education section (<https://catalog.fhsu.edu/general-education/>) of the catalog.

The undergraduate course maps typically advise the most efficient route for students to complete the general education requirements. Courses that are required in the major may be listed as fulfilling relevant general education requirements. This will result in more open elective course hours in some maps than is listed on the degree overview page.