

# HHP | BACHELOR OF SCIENCE IN HEALTH STUDIES

The Bachelor of Science in Health Studies degree program is an online, post-professional degree completion program for individuals who possess professional credentials in a clinically-based allied health discipline from a community college or technical program. The course of study is designed to provide career and academic advancement for current practitioners who wish to assume increasing responsibility in their current positions or in a related area of health care.

## Program Summary

The Health Studies program may allow transfer of coursework from an allied health credential toward the open electives. Up to 30 hours not normally accepted for transfer credit at FHSU may be accepted toward this program. Students should speak with an advisor to determine if health related credits typically not accepted at FHSU maybe applicable to this program.

Code	Title	Hours
General Education		34
Program (Major) Core		26
Concentration Core		12
Open Electives <sup>1</sup>		48
<b>Total Hours</b>		<b>120</b>

<sup>1</sup> Open electives are the credit hours required to reach a minimum of 120 total hours and 45 upper-level hours. The number listed assumes all courses are completed at FHSU as listed. This number may vary if students transfer courses, or have individual substitutions allowed.

Students should speak with their advisor if either situation applies to determine if the number will vary, and to ensure they enroll in a minimum of 45 upper-level hours.

Students entering within 1 year of high school graduation will take UNIV 101 Freshman Seminar and may apply that hour in the open elective category.

## Program Requirements

### General Education

All undergraduate degrees require completion of the Kansas Systemwide General Education (<https://catalog.fhsu.edu/general-education/>).

Courses identified with <sup>GE</sup> on this page may satisfy a general education requirement in addition to the identified degree requirement. Students who apply a degree requirement to satisfy a general education requirement will typically add an equal number of hours to the the university elective category. This flexibility may allow you to complete a minor or certificate within the 120 hour degree. Transfer students and students majoring in programs with approved exceptions (<https://www.fhsu.edu/general-education/documents/fhsu-gen-ed-transfer-exceptions-explainer1.pdf>) are especially encouraged to select these courses in completing General Education requirements to maximize the likelihood of completing the degree with 120 credit hours.

Code	Title	Hours
General Education		34-35

Code	Title	Hours
<b>Health Studies Core</b>		
HHP 220	Responding to Emergencies	3
HHP 230	Principles of Nutrition	3
BIOL 245	Medical Terminology	2
HHP 310	Consumer Health	3
HHP 610	Global Health	3
HHP 618	Environmental Health	3
HHP 620	Epidemiology in Public Health	3
HHP 625	Legal Issues in Health Care	3
HHP 473	Undergraduate Culminating Experience	3
<b>Total Hours</b>		<b>26</b>

### Concentrations

Code	Title	Hours
<b>Gerontology</b>		
Select at least 12 hours of the following:		
HHP 605	Introduction to Gerontology	
PSY 420	Psychology of Aging	
SOC 644	Sociology of Aging	
HHP 612	Physiology of Aging	
SLP 665	Communication and Aging	
HHP 617	Nutrition and Aging	
HHP 619	Exercise Testing and Prescription for Older Adults	
HHP 480	Leisure Programming for Older Adults	
SOCW 620	Spirituality & Aging: The Empowering Relationship	
<b>Total Hours</b>		<b>12</b>

Code	Title	Hours
<b>Health Promotion</b>		
Select at least 12 hours of the following:		
HHP 314	Issues in Health Education	
HHP 320	Communicable and Emergent Diseases	
HHP 312	Fitness Leadership	
HHP 332	Life-Span Nutrition	
HHP 400	Safety Education	
HHP 602	Public Health	
HHP 619	Exercise Testing and Prescription for Older Adults	
<b>Total Hours</b>		<b>12</b>

Code	Title	Hours
<b>Sociology of Medicine and Aging</b>		
Select at least 12 hours of the following:		
SOC 375	Medical Sociology	
SOC 355	Sociology of Death and Dying	
SOC 644	Sociology of Aging	
SOCW 620	Spirituality & Aging: The Empowering Relationship	
<b>Total Hours</b>		<b>12</b>

Code	Title	Hours
<b>Grant Writing and Social Entrepreneurship</b>		<b>12</b>
Select at least 12 hours of the following:		
SOC 470	Grant Writing	
SOC 473	Program Development/ Evaluation	
SOC 677	Internship in Sociology	
SOC 680	Nonprofit Organizations	
<b>Total Hours</b>		<b>12</b>

Code	Title	Hours
<b>Leadership</b>		<b>12</b>
Select at least 12 hours of the following:		
LDRS 300	Introduction to Leadership Concepts	
LDRS 302	Introduction to Leadership Behavior	
LDRS 310	Field Work in Leadership Studies	
LDRS 306	Leadership and Team Dynamics	
LDRS 650	Principles of Organizational Leadership	
<b>Total Hours</b>		<b>12</b>

Credit for professional credential/certification/licensure: 0-30 Credit Hours applied toward the Open Electives if needed. Credits must be noted on an official transcript sent to the FHSU Registrar's Office.

## Degree Requirements

Code	Title	Hours
<b>All bachelor degrees require:</b>		
GPA of 2.0 on FHSU courses & 2.0 on all coursework (Higher program requirements prevail over the 2.0 when set)		
A minimum of 30 hours earned from FHSU with a grade of D, C, B, or A		
Successful completion of an upper division Writing and Information Literacy course (Most majors contain a course designated)		
A minimum of 45 hours of recognized upper division credit		
A minimum of 120 hours of recognized college credit		

## Degree Maps

Course	Title	Hours
<b>First Year</b>		
<b>Fall</b>		
SGE030 - Math Statistics Discipline Area		3
ENG 101	English Composition I	3
COMM 100	Fundamentals of Oral Communication	3
UNIV 101	Freshman Seminar	1
BIOL 245	Medical Terminology	2
Directed Electives		3
<b>Hours</b>		<b>15</b>
<b>Spring</b>		
HHP 200	Personal Wellness	3
SGE040 - Natural Physical Science Discipline Area		4
ENG 102	English Composition II	3
HHP 220	Responding to Emergencies	3
Directed Electives		3
<b>Hours</b>		<b>16</b>
<b>Second Year</b>		
<b>Fall</b>		
SGE060 - Arts Humanities Discipline Area		3

SGE050 - Social Behavioral Sciences Discipline Area		3
HHP 310	Consumer Health	2
HHP 230	Principles of Nutrition	3
Directed Electives		3

**Hours 14**

<b>Spring</b>		
SGE060 - Arts Humanities Discipline Area		3
SGE050 - Social Behavioral Sciences Discipline Area		3
Directed Electives		3
Directed Electives		3
Directed Electives		3
<b>Hours</b>		<b>15</b>

<b>Third Year</b>		
<b>Fall</b>		
HHP 610	Global Health	3
HHP 620	Epidemiology in Public Health	3
Directed Electives		3
Directed Electives		3
Directed Electives		3
<b>Hours</b>		<b>15</b>

<b>Spring</b>		
HHP 618	Environmental Health	3
Directed Electives		3
Directed Electives		3
Directed Electives		3
Directed Electives		3
<b>Hours</b>		<b>15</b>

<b>Fourth Year</b>		
<b>Fall</b>		
HHP 450	Program Organization and Administration	3
HHP 625	Legal Issues in Health Care	3
Directed Electives		3
Directed Electives		3
Directed Electives		3
<b>Hours</b>		<b>15</b>

<b>Spring</b>		
HHP 473	Undergraduate Culminating Experience	3
Directed Electives		3
Directed Electives		3
Directed Electives		3
Directed Electives		3
<b>Hours</b>		<b>15</b>
<b>Total Hours</b>		<b>120</b>

**Academic Degree Maps** are term-by-term sample course plans that specify milestones, courses, and special requirements that are necessary for facilitating on-time completion. Degree Maps are **examples** and are not prescriptive. Individualized choices such as concentration options, transfer credits, optional minors, advisory programs (certificates), etc. can alter the recommended coursework. Course offerings are subject to change. Students should consult with their academic advisors for additional guidance on course planning.

To determine courses to take in the directed choices (often listed as Program Elective Course) and directed elective course blocks see the overview tab for courses. To locate approved courses in General Education areas (Undergraduate Programs) see the general education section (<https://catalog.fhsu.edu/general-education/>) of the catalog.

The undergraduate course maps typically advise the most efficient route for students to complete the general education requirements. Courses that are required in the major may be listed as fulfilling relevant general

education requirements. This will result in more open elective course hours in some maps than is listed on the degree overview page.