

HHP | BACHELOR OF SCIENCE IN HEALTH AND HUMAN PERFORMANCE

Degree Maps

Course	Title	Hours
First Year		
Fall		
SGE030 - Math Statistics Discipline Area		3
ENG 101	English Composition I	3
COMM 100	Fundamentals of Oral Communication	3
UNIV 101	Freshman Seminar	1
HHP 210	Intro to Health and Human Performance	3
Directed Electives		3
Hours		16
Spring		
HHP 200	Personal Wellness	3
SGE040 - Natural Physical Science Discipline Area		4
ENG 102	English Composition II	3
HHP 220	Responding to Emergencies	3
Directed Electives		3
Hours		16
Second Year		
Fall		
SGE060 - Arts Humanities Discipline Area		3
SGE050 - Social Behavioral Sciences Discipline Area		3
SGE070 - Institutionally Designated Area: Personal and Professional Development		3
HHP 280	Care and Prevention of Exercise & Sport Injuries	3
Directed Electives		3
Hours		15
Spring		
SGE060 - Arts Humanities Discipline Area		3
SGE050 - Social Behavioral Sciences Discipline Area		3
HHP 330	Physical Activity for Individuals with Intellectual and Developmental Disabilities	3
Directed Electives		3
Directed Electives		3
Hours		15
Third Year		
Fall		
HHP 340	Measurement and Evaluation in Health and Human Performance	3
Directed Electives		3
Directed Electives		3
Directed Electives		3
Directed Electives		3
Hours		15
Spring		
HHP 390	Physiology of Exercise	3
Directed Electives		3
Directed Electives		3
Directed Electives		3
Directed Electives		3
Hours		15
Fourth Year		
Fall		
HHP 450	Program Organization and Administration	3
HHP 440	Anatomical Kinesiology	3

Directed Electives	3
Directed Electives	3
Directed Electives	3
Hours	
	15
Spring	
HHP 465	Internship in Human Performance
Directed Electives	3
Directed Electives	3
Directed Electives	3
Directed Electives	3
Directed Electives	1
Hours	
	13
Total Hours	
	120

Academic Degree Maps are term-by-term sample course plans that specify milestones, courses, and special requirements that are necessary for facilitating on-time completion. Degree Maps are *examples* and are not prescriptive. Individualized choices such as concentration options, transfer credits, optional minors, advisory programs (certificates), etc. can alter the recommended coursework. Course offerings are subject to change. Students should consult with their academic advisors for additional guidance on course planning.

To determine courses to take in the directed choices (often listed as Program Elective Course) and directed elective course blocks see the overview tab for courses. To locate approved courses in General Education areas (Undergraduate Programs) see the general education section (<https://catalog.fhsu.edu/general-education/>) of the catalog.

The undergraduate course maps typically advise the most efficient route for students to complete the general education requirements. Courses that are required in the major may be listed as fulfilling relevant general education requirements. This will result in more open elective course hours in some maps than is listed on the degree overview page.